

Department of Psychiatry Grand Rounds

January 28, 2025

"Irritability and Emotion Dysregulation in Youth: Phenomenology, Diagnostic Challenges and Treatment"

8:00 am - 9:00 am **VIRTUAL ONLY**

Presented by:

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Clinical Psychology Postdoctoral Fellow MaineHealth Pediatric Behavioral Health MaineHealth Institute of Research

Participants will:

- Discuss definitions and theoretical models of pediatric irritability and emotion dysregulation
- Describe diagnostic correlates and longitudinal course of pediatric irritability and emotion dysregulation
- Review current assessment and treatment guidelines for pediatric irritability and emotion dysregulation

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